

After school, in the evening or on weekends, ask your parents and friends to play outside with you. To fill in your snowflake, you'll need to take part in six different winter sports or physical activities for at least 15 minutes each. The person you invite gets to choose the activity.

Examples: go skating, make a snowman or a snow castle, go for a family walk, build a fort, go sliding, shovel snow in the yard, go snowshoeing, play hockey or ringette, go cross-country skiing, etc.

GET OUTDOORS AND PLAY RE ACTIVE

For more ideas about original winter activities, click the "Examples of activities" tab on the Winter Fun website at www.education.gouv.gc.ca/en/winter-fun.









- After you have written your name in the centre of the snowflake, write the name or a brief description of each winter activity you did for at least 15 minutes with your family or friends.
- * When you have filled in your snowflake, colour it and bring it to your teacher so you can display it or hang it up in the classroom, the gym or in the school corridor.
- * Feel free to share your original activity ideas with your classmates.

HOORAY FOR WINTER FLINI

To consult instructions for teachers or to download other snowflakes, visit the "Winter Fun in schools" section of the Winter Fun website at www.education.gouv.qc.ca/en/winter-fun.