



SLIDING, A *COOL* WINTER ACTIVITY!

INSTRUCTIONS FOR TEACHERS

- * Give each child a mountain to cut out and complete, along with the instructions for students and parents.
- * Invite your students to play outside and go sliding, and remind them of the safety rules.
- * Explain to the students how to complete the *active homework*.
- * Don't hesitate to give the students ideas for outdoor activities. Be creative!
- * Add to the active homework by organizing challenges between classes, levels, schools, etc.
- * Set aside time for the students to discuss their experiences and share ideas with each other.
- * When the students have completed their mountains and handed them in, you can download more at www.education.gouv.qc.ca/plaisirshiver.
- * Lastly, don't forget to remind students how much fun it can be to play outside, even in the winter!

SLIDING SAFELY

1. Make sure the slide is free of objects and other people.
2. Make sure the surface of the slide is not icy.
3. Once you have finished your slide, get out of the way quickly.