

# The Mountain CODE OF CONDUCT:



A skier wearing a red helmet, goggles, a teal jacket, and yellow pants is giving a thumbs up while holding a red sign that says "RESPECT IT!". The skier is on a red and white snowboard, gliding down a snowy slope. In the background, there are stylized evergreen trees and a blue sky with white snowflakes.

**RESPECT IT!**

Votre  
gouvernement

Québec



# WHAT IS THE MOUNTAIN CODE OF CONDUCT?

To be respectful toward others,  
and to reduce the risk of injury,  
follow the code of conduct!

Whether you are  
on a snowboard or on skis,  
on a trail or in a snowpark:  
you must respect the rules!

Also comply with any other rules  
in effect at the ski hill. Patrollers are  
there to help you respect them.

Non-compliance may lead to  
the confiscation of your lift ticket.



## FOR AN ENJOYABLE OUTING

**Before you hit the slopes,  
make sure to consult the trail map\*.  
It contains important information  
including the level of difficulty  
of the trails and the location  
of first aid facilities.**

**\*Available in pocket-sized format at the ticket  
office or on the signboard between the ski  
lodge and the ski runs.**

# TRAIL DIFFICULTY RATING AND SIZE OF FEATURES

You should choose trails and features that correspond to your skill level and experience.

## Trail



EASY



DIFFICULT



VERY DIFFICULT



EXTREME



# Snowpark

In the snowpark, you must:

- familiarize yourself with your surroundings
- read the signs
- wear a helmet when using features

## Features



**SMALL**



**MEDIUM**



**LARGE**



**EXTRA  
LARGE**

# THE RULES

**1 THE GOLDEN RULE: CONTROL!**

**2 YIELD TO THOSE BELOW!**

**3 FREE UP THE TRAIL!**

**4 AT INTERSECTIONS,  
YIELD TO PERSONS UPHILL!**

**5 HELP THE SKI PATROL!**

**6 NO TO RUNAWAY GEAR!**

**7 NO DRUGS, NO ALCOHOL!**

**8 OBEY THE SIGNS**

**+ BE CAREFUL ON THE LIFTS**

# THE GOLDEN RULE: CONTROL!

**Keep your speed in check, and always control your direction. Make sure you can stop and avoid any person or obstacle at all times.**

You are responsible for your actions. Choose trails that correspond to your skill level and stay alert in case you need to act quickly to avoid a collision. Excessive speed reduces reaction time and makes it difficult to avoid obstacles or other users.



1

# YIELD TO THOSE BELOW!

**Yield to those below, and choose a course that ensures their safety.**

On the slopes, you have a clearer view from above; therefore a person in an uphill position relative to other users is responsible for manoeuvring to avoid them.



2

# FREE UP THE TRAIL!

**Only stop if you can be seen from above, and never obstruct the trail.**

To avoid placing yourself needlessly in danger, stop only on the side of a trail, well out of the way of other users.



# AT INTERSECTIONS, YIELD TO PERSONS UPHILL!

**Yield to skiers and riders uphill of you when entering a trail, or at intersections.**

Just like motorists who must yield at intersections, you must avoid cutting off others who have already begun their descent.



# HELP THE SKI PATROL!

If you're involved in or witness an accident, remain at the scene and identify yourself to a first-aider.

Whether you are involved in an accident or are a witness to one, you must assist injured persons and help members of the ski patrol gather accident-related information. You can also help prevent accidents by notifying ski patrollers of behaviour that contravenes the **Mountain Code of Conduct**.



# NO TO RUNAWAY GEAR!

**Always use and wear the appropriate device to prevent runaway equipment.**

Use safety mechanisms that, in the event of a fall, would prevent your equipment from getting away from you and possibly injuring another person. This may consists of a braking system built into the bindings.



# NO DRUGS, NO ALCOHOL!

**Do not use the lifts or trails when under the influence of drugs or alcohol.**

These substances impair judgment and affect your ability to react rapidly and maintain effective motor control. Alcohol and drugs don't mix well with safety on the slopes!



# OBEY SIGNS!

**Obey all signs and warnings,  
and never venture off the trail  
or onto a closed trail.**

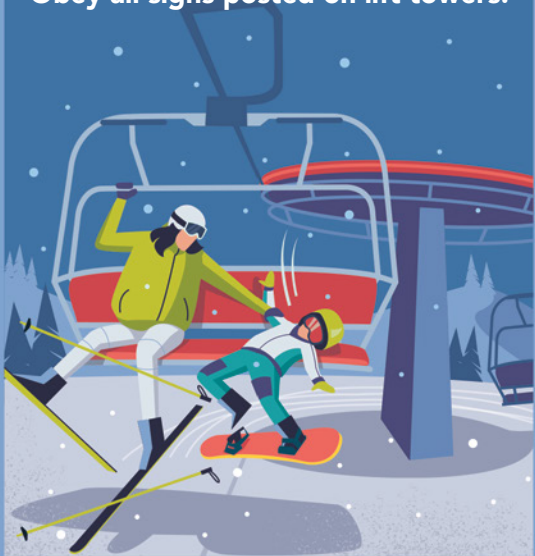
The resort operator posts signs that provide essential information for finding your way safely around the mountain. Consequently, it is important to read and obey these signs. Use only authorized trails.



# BE CAREFUL ON THE LIFTS

Ask the lift attendant for help if you're not familiar with how it operates.

Obey all signs posted on lift towers.





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