

WHETHER YOU'RE NEW TO HORSEBACK RIDING OR ALREADY HAVE SOME EXPERIENCE, FOR A FUN AND SAFE RIDE, BE SURE TO CHOOSE A RIDING CENTRE THAT MEETS THE FOLLOWING STANDARDS:

- ☐ Healthy horses
- Safe and secure stables and facilities
- Qualified instructors and guides certified by the Fédération équestre du Québec, Cheval Québec, the National Coaching Certification Program or the Canadian Therapeutic Riding Association
- □ Impeccable customer service

The name Équi-Qualité is synonymous with these standards and is recognized by the Québec government; it guarantees safety, skills and quality throughout its network of equestrian centres. Look for the Équi-Qualité seal when planning your next riding experience!

Consult the Équi-Qualité directory of certified riding centres for a facility in your area:

http://cheval.quebec/Equi-Qualite

## IF YOU'RE NEW TO RIDING.

You can't simply get on a horse and ride, but with suitable preparation and a few tips, once you're in the saddle you'll have an enjoyable experience on your first ride!

Before choosing an Équi-Qualité certified equestrian centre, take the time to get all the necessary information by calling first or, better yet, visiting the facility. This initial contact will allow you to assess the atmosphere of the place and obtain any additional information you need. To know the types of questions you should ask, click on the "Le cheval" tab on the Cheval Québec website at: <a href="https://www.cheval.quebec">www.cheval.quebec</a> (in French only).

For any questions about horseback riding, contact a recognized equestrian organization:

