

## IDEAS FOR TARGETING ESSENTIAL LEARNING BETWEEN NOW AND THE END OF THE 2019-2020 SCHOOL YEAR

- 1 Consult the program of study and the progression of learning in order to identify the learning that should be completed by the end of the current school year.
- 2 Determine where each of your students is with respect to the learning content covered during the current school year.
- 3 First, target any content that is marked with a ☆ in the progression of learning and that your students have not yet completed.
- 4 Then, target the learning content marked with a → or ■ because it is to be continued this year or reapplied next year.

Your objective should be to ensure that, at the end of the current school year, your students:

- have had an opportunity to learn a variety of things that touch on all the learning content
- have had opportunities to develop each of the competencies targeted by the program of study

### Remember that:

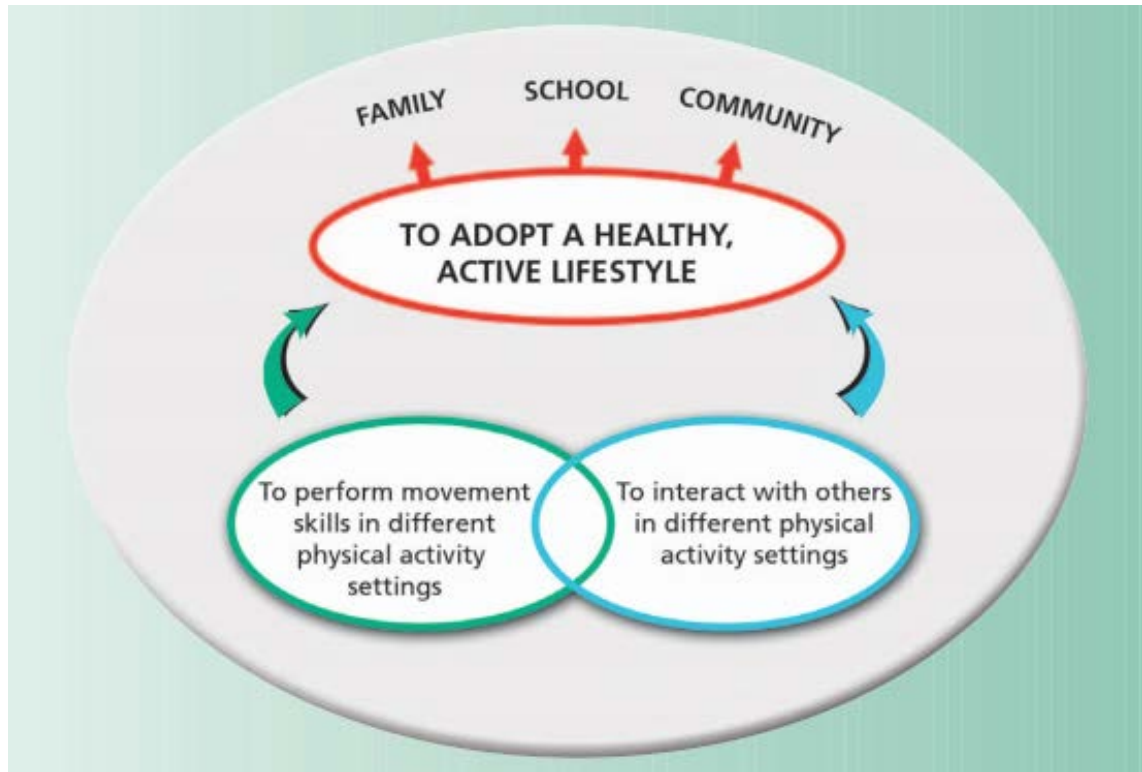
- you have the **AUTHORITY** and **PROFESSIONAL SKILLS** required to:
  - o determine your students' needs
  - o select the means to set up appropriate strategies to meet their needs in the current context
- you are in the **BEST POSITION** to determine the content, apart from the learning already acquired, that you wish to consolidate, cover in greater depth or teach your students

**The people responsible for the various programs of study in general education in the youth sector at the Ministère are available to answer your questions and to support you between now and the end of the current school year.**

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Students develop three interrelated **COMPETENCIES**:

- To perform movement skills in different physical activity settings
- To interact with others in different physical activity settings
- To adopt a healthy, active lifestyle



### What to target

- During the current pandemic, the physical and social environment in which physical activities are carried out must **COMPLY WITH THE MOST RECENT GUIDELINES** issued by the Direction de la santé publique. For this reason, it may not be possible for students to acquire all the learning (development of motor, cognitive and social skills) targeted by the Physical Education and Health program.
- Using a competency-based approach, the aim of this program is to help students gain a **SENSE OF RESPONSIBILITY FOR THEIR FITNESS AND HEALTH** by allowing them to develop:
  - o a repertoire of movement skills
  - o a repertoire of cognitive strategies
  - o a knowledge base in the subject
  - o behaviours consistent with safety and ethical rules
  - o the critical sense they need to manage their health wisely
  - o positive attitudes in their relationships with others when participating in physical activities

Consult the programs of study and the progressions of learning:  
[www.education.gouv.qc.ca/en/teachers/quebec-education-program](http://www.education.gouv.qc.ca/en/teachers/quebec-education-program)