

Exploration of Vocational Training Program of Study

Competency 1 C1

The student... **explores vocational training**

Consults different sources of academic and career information

- › Becomes familiar with the classification of programs by sector
- › Uses various documentary resources
- › Visits training centers and workplaces
- › Meets with workers or vocational training teachers or vocational training students
- › Makes connections between elements of information gathered

Learns about different trades and occupations

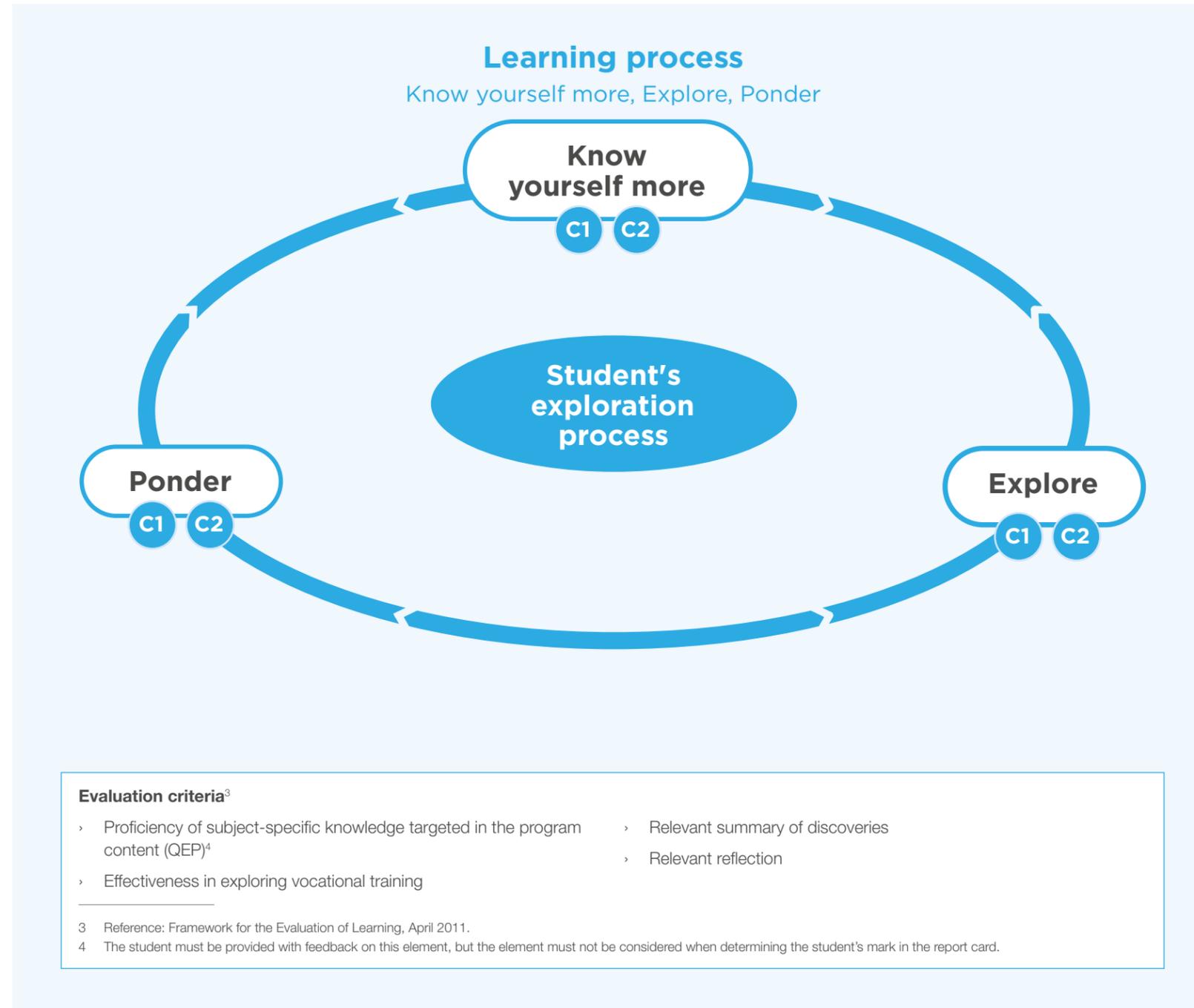
- › Performs tasks associated with selected trades and occupations
- › Considers the specific requirements of these trades and occupations
- › Recognizes the advantages and disadvantages of practicing these trades and occupations
- › Considers the career prospects associated with these trades and occupations
- › *Participates in one or more experiential job shadowing activities¹*

Takes stock of own discoveries

- › Makes connections between these trades and occupations and the related programs
- › Identifies the particular features of vocational training
- › Adjusts his/her perception of the trades and occupations explored and of vocational training
- › Writes a report on his or her experiential job-shadowing activity(ies)²

¹ Note: Components specific to the four-credit course are shown in italics.

² *Idem.*



Competency 2 C2

The student... **contemplates his/her suitability for vocational training**

Updates his/her personal profile

- › Re-examines his/her personal qualities
- › Makes connections between his/her personal profile and the trades and occupations explored
- › Makes connections between his/her personal profile and vocational training program requirements
- › *Takes into account the limitations or obligations of the trades and occupations explored⁵*

Considers the possibility of enrolling in vocational training

- › Compares his/her aspirations and aptitudes with vocational training program requirements
- › Envisions a few steps in his/her learning path
- › Examines his/her desire to pursue a vocational training path

Shares his/her reflections

- › Discusses the results of his/her exploration with classmates
- › Talks with parents or other people he/she trusts
- › Draws on these discussions to broaden his/her reflections

⁵ *Idem.*