## APPENDIX – THE BAG OF HURT

NOTE FOR FACILITATORS

1

2

4

5

6

8

9

The following statements contain rude or violent remarks, directed at friends (1, 2 and 3) or at people who have no real connection with the speaker (4, 5 and 6). Statements 7, 8 and 9 are not directed at a particular individual, but affect the school climate.

"You're such a dickhead. That was meant to stay between you and me. Why did you have to blab about it?"

"Shut up, you're getting on my nerves!"

**3** "Hey, dingo! Why aren't you answering my texts?"

"Check out the loser, sitting by himself in front of the teacher."

"Oh no, not him, he's a sucky teacher."

"Have you seen the new kid? He's such a fag!"

"I don't care, it's so boring!"

"I got another bad mark on a stupid exam. Screw this."

"Damnit! I missed the stupid bus!"

Words matter: Send a positive message at school Appendix **THE BAG OF HURT** – Secondary Cycle One Document may be reproduced © 2015