

General Education for Adults

Common Core Basic Education

Programs of Study and Courses: Literacy – Presecondary – Cycle one

Broad Areas of Learning

Operational Competencies

World of Work

To help adult learners carry out a career plan

Health and Well-Being

To raise adult learners' awareness of their health, well-being and relationships with others

Citizenship

To help adult learners assume their responsibilities as citizens who respect shared values and cultural differences

Environmental and Consumer Awareness

To help adult learners understand their relationship with the environment and make responsible consumer choices

- Cooperates
- Uses creativity
- Communicates
- Thinks logically
- Acts methodically
- Exercises critical and ethical judgment

Social Sciences

Social and Political Life

Presecondary

- Cooperation and Civic-Mindedness

Cycle One

- Democracy and the Right to Vote
- Citizens' Rights and Responsibilities

Community and Culture

Presecondary

- Cultural Traits of Québec Society

Cycle One

- Shared Values and Cultural Diversity
- Community Involvement

Consumer Habits

Presecondary

- Consumer Protection

Cycle One

- Consumer Vigilance

Working Life

Career Choice

Presecondary

- Exploring Training and Career Options

Cycle One

- Developing a Training and Career Plan

Introduction to the World of Work

Presecondary

- Rights and Responsibilities at Work

Cycle One

- Work Culture

Personal Development

Health

Presecondary

- Healthy Lifestyle Habits

Cycle One

- Psychological Health
- Health and Sexuality

Personal Life and Relationships

Presecondary

- Change: Transitions and Challenges

Cycle One

- Interpersonal Relationships

Mathematics, Science and Technology

Mathematics

Literacy

- Numeracy
- Orientation in Time
- Arithmetic and Money
- Basic Geometric Representations

Presecondary

- Arithmetic and Personal Finances
- Sense of Space and Time
- Sets and Statistics
- Geometric Representations

Cycle One

- Finance and Arithmetic
- Statistics and Probability
- Algebraic Modelling
- Geometric Representations and Transformations

Computer Science

Literacy

- Basic Computer Science

Presecondary

- Computer Environment Awareness
- Computer Document Production

Cycle One

- Computer Integration
- Computer Search
- Computer Network Communications
- Creative Computer Use

Relationship with the Environment

Presecondary

- Ecological Issues: Resource Waste

Cycle One

- Environmental Ethics

Technology

Presecondary

- Everyday Technologies

Cycle One

- Effective Use of Technologies and Personal Comfort

Languages

Français, langue d'enseignement

Alphabétisation

- Découverte du monde de l'écrit
- Les mots qui parlent
- Les phrases de la vie
- Des mots pour se comprendre
- Une culture qui s'exprime
- La parole aux citoyens

Présecondaire

- Français au quotidien
- Communications et consommation
- Langue et société
- Français d'aujourd'hui
- Communications et environnement
- Langue et culture
- Communications et monde du travail

Premier cycle

- Vers une langue partagée
- Vers de nouveaux horizons
- Vers une communication citoyenne
- Communications et littérature québécoise

English, Language of Instruction

Literacy

- Discovering the World of Print
- Building Foundations
- Satisfying Basic Needs
- Accessing Services
- Leisure and Personal Interests
- Community Life

Presecondary

- Opening Doors
- Everyday Living
- Taking Charge
- Discovery and Challenges
- Stepping Out
- Lifestyle Options
- Engagement and Involvement

Cycle One

- Informed Choices
- Enjoyment and Entertainment I
- Enjoyment and Entertainment II
- Rights and Responsibilities

Français, langue seconde Présecondaire

- Des mots pour se dire et se situer
- Des mots pour une vie saine
- Des mots pour se divertir

Premier cycle

- Propos liés à la consommation
- Propos liés à l'environnement physique et social
- Propos liés au monde du travail

English as a Second Language

Presecondary

- Opening New Doors

Cycle One

- Satisfying Consumer Needs
- Establishing Connections

Subject Areas