

INTROSPECTIVE QUESTIONNAIRE

HOW I COMMUNICATE ORALLY AT SCHOOL

For each of the following statements, circle the answer that best reflects how you react in that particular situation:

- **When I'm dissatisfied with something:**
 - a. I complain about it to other people.
 - b. I keep my opinions and emotions to myself.
 - c. I try to talk to the person concerned.
 - d. Other strategy: _____

- **When I'm angry at a student:**
 - a. I express my anger directly to him or her, in a calm and respectful way.
 - b. I blurt out what I think.
 - c. I tell the student I need to talk to him or her later.
 - d. Other strategy: _____

- **When I disagree with a colleague:**
 - a. I talk to other colleagues about the disagreement to confirm my point of view.
 - b. I occasionally make comments so my colleague knows what I think.
 - c. I ask questions in a respectful way to try and understand his or her point of view.
 - d. Other strategy: _____

- **If I meet a colleague with whom I recently had an unpleasant exchange that was not resolved:**
 - a. I greet him or her politely and do not mention our previous exchange.
 - b. I make a negative comment about our previous exchange.
 - c. I say I would like to revisit the issue with him or her.
 - d. Other strategy: _____

- **When a student makes an inappropriate remark to me:**
 - a. I tell him or her, very calmly, that the remark is unacceptable.
 - b. I immediately express my frustration.
 - c. I ignore it.
 - d. Other strategy: _____

For each of the following statements, briefly describe what you would say in that particular situation.

- In the staff room, you feel some of your colleagues are being overly or unfairly critical of a student. What would you do?

- At a cycle team meeting, you feel one of your colleagues is being contemptuous towards other colleagues. What would you do?

- You witness a discussion between students from the same group of friends and you feel they are being disrespectful. What would you do?

For each of the following statements, circle the number that best reflects how you communicate orally at school.

	Never	Sometimes	Often	Always
1. I immediately say something positive when a student behaves well.	1	2	3	4
2. I express my opinions respectfully and make sure the other person understands my point of view.	1	2	3	4
3. I remark on good ideas proposed by my colleagues.	1	2	3	4
4. I encourage students to reword disrespectful remarks.	1	2	3	4
5. I encourage colleagues whose methods are different from mine.	1	2	3	4
6. I take time to think before expressing dissatisfaction.	1	2	3	4

My personal goal to improve the way I communicate . . .

With colleagues

With students

With parents
