

## LESSON PLAN – USING A MASK<sup>1</sup>

This proposed lesson plan may differ from the lesson plans you usually use in your educational institution. It is a summary document that can serve as the basis for creating a lesson plan that is familiar to and used by school staff or it can be used as presented.

1. Introduce the activity		3 mins.
<ul style="list-style-type: none"> <li>Take a moment to review the situation that has made it necessary to use a mask effectively.</li> <li>Present an overview of the lesson plan and mention how long the activity will take.</li> <li>Refer to your school's values.</li> </ul>		
2. Explain the relevance of learning how to use a mask		3 mins.
<ul style="list-style-type: none"> <li>It promotes consistency in the information given to students.</li> <li>It encourages the effective use of masks.</li> <li>It keeps students, school staff, families and members of the community safe.</li> </ul>		
3. Teach students what is expected of them with regard to the use of a mask		7 to 9 mins.
<ul style="list-style-type: none"> <li>Materials available to facilitate the teaching of this behaviour:               <ul style="list-style-type: none"> <li><a href="#">Videos produced by the Ministère de la Santé et des Services sociaux</a><sup>2</sup></li> <li>If applicable, arrival and departure routines</li> </ul> </li> </ul>		
What to do when I <u>put on</u> my mask (model with the students)		What not to do when I <u>put on</u> my mask (do not have students practise these)
<ol style="list-style-type: none"> <li>I wash or disinfect my hands before touching my mask.</li> <li>I pick up my mask by the elastics (or string loops) and secure it behind my ears or behind my head.</li> <li>I adjust my mask on my nose.</li> <li>I adjust my mask under my chin.</li> <li>I wash or disinfect my hands.</li> </ol>		<ul style="list-style-type: none"> <li>I do not wear my mask if it is damp, soiled or damaged.</li> <li>I do not touch my mask without washing my hands afterward.</li> <li>I do not wear my mask around my neck.</li> <li>I do not use a mask that someone else has already used.</li> </ul>

<sup>1</sup> In accordance with current guidelines, this term refers to a procedural mask or to a face covering.

<sup>2</sup> During videos, pause when needed to ensure that everyone understands, and to underscore key points.

What to do when I <u>take off</u> my mask (model with the students)	What not to do when I <u>take off</u> my mask (do not have students practise these)
<ol style="list-style-type: none"> <li>1. I wash or disinfect my hands before touching my mask.</li> <li>2. I remove my mask by taking it by the elastics (or string loops).</li> <li>3. I fold the insides of my mask together, handling it only by the elastics (or string loops).</li> <li>4. I store my mask in a clean bag. If I use a disposable mask, I put it in the garbage can if it is soiled or damp.</li> <li>5. I wash or disinfect my hands.</li> </ol>	<ul style="list-style-type: none"> <li>• I do not touch the front of my mask when taking it off.</li> <li>• I do not put my mask anywhere but in the designated place (e.g. a clean bag).</li> <li>• I do not lend my mask to anyone else.</li> <li>• I do not touch the inside of my mask.</li> <li>• I do not reuse a disposable mask if it is soiled or damp.</li> </ul>
<b>4. Put the taught behaviour into practice</b>	
<b>5 mins.</b>	
<ul style="list-style-type: none"> <li>• Invite the students to practise using masks, having them refer to the instructions posted in the classroom.</li> <li>• Reinforce the expected behaviour and, if necessary, go over it again with some students.</li> <li>• As needed, go over each of the steps of the lesson plan again.</li> </ul>	
<b>5. Remind students about the expectations</b>	
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<ul style="list-style-type: none"> <li>• Before each transition, allow time for students to carry out the arrival or departure routines.</li> <li>• Recognize and reinforce the students' efforts to follow the rules for using a mask.</li> <li>• After long school breaks or a student's absence, review the procedure for using a mask once again.</li> </ul>	

January 8, 2021  
(20-085-151A-02)